

tânisi ayisiyiniwak ê- aswêyihthakik HIV?

- pisisik manâtisihtâk mihko.
- âkôhamok kitasiskisiwina.
- âpacihtâk pêyak oski-aspinikâkan tahtwâw kê-nôcihitoyan.
- êkâwiya âpacihtâk kotak awiyak omaskihki-âpacihtikana.
- kîspin ê-miskamêk pêyak cîstahikan, êkâwiya môsâhkinamok ahpô sâminamok. sêwêpitamawihk pêyak cîstahikan-maskihkiwikamikosiht êkwa ta-kwayasko-môsâhkinamwak.
- kê-mâtinamâtohk kanâci-âpihkwahikana tâpiskôc kâskipâsona êkwa kisîpêkâpitêhona namôya kawêhci-mîkohk HIV. HIV namôya kinwêsk pimâtisimakan piskihci-miyâhk. mâka, kê-mâtinamâtohk kanâci-âpihkwahikana kê-kî-âsôskamâtohk Hepatitis C.

**ê-cîhkêyihthâkwahk
oyakihcikawisiwin!!!**

tânitê kita-kî- oyakihcikêhikawiyân?

APSS ê-mâtinamâtâhk
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Albert Street, oskana kê-asastêki
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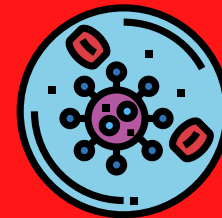
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HIV 101

kîhci-
kiskêyihthâsowin
kahkiyaw awiyak
ohci

kîkwây ôma HIV?

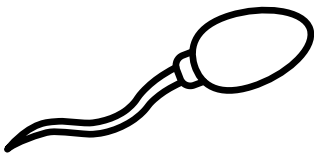


HIV âhkosiwin isiyihkâtêw ayisiyiniwak kâ-wahkêhpinêcik. âhkosiwin êwako ê-isi-âsôpayik "T cells" kimihkomihk. "T cells" anihi ê-nâkatêyihkâk kiyaw. ispîhk kâ-wahkêhpinêyan, kiyâhk wîhcasin ta-ispayiki âhkosiwina.

Onayêstaw piko asyisiniwak ka-kî-itâspinêwak HIV.

niyânan miyâpoya ta-kî-ohcipayiw HIV:

- 1. mihko
- 2. mitâhkayâpoy
- 3. mêtawâkâtisoyâpoy
- 4. mîsâkanâpoy
- 5. mitohtôsimâpoy



tânisi HIV ka-âsôskamâtohk

- ê-âsôskamâtêk mihko êkwa kotaka wiyawâpoy ê-ohci-âsôskamâtohk HIV
- kotak awiyak ê-wîtokêhtahk HIV omihkom ê-pîhtokwahikotêk manisikâsowinihk, ahpô ka-âpacihtâhk sâponikana âsay kâ-kî-âpacihtâkêki ohci maskihkiya, asâsowina, êkwa pôskwahikâsowina.
- êkâ ê-âpacihtâniwik aspinikâkan mitômas, mitâhkamas, ahpô mîsâkamas asici.
- ka-kî-âsôskamawât oskawâsisa kâ-nôhât okâwîmâw kâ-wîtokêhtamiyiwa HIV ahpô ispîhk kâ-nihtâwikihâwasot.



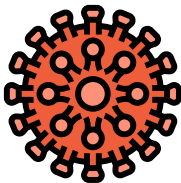
tânisi HIV êkâ ka-âsôskamâtohk

HIV êkâ ê-âsôskamâtohk ohci ocêhtowin, âkwaskitinitowin, atamiskâtowin, mâtinamâtowin, kanâcihikêwikamikohk ohci, sihkowin, apwêsiwin, ahpô kâ-tahkwamiskik manicôsak (tâpiskôc sakimêsak).

HIV ka-kî-âsôskamâtohk piko nayêstaw anihi ohci niyânan miyâpoya êwakoni kâ-masinahikâtêki ôta.

tânisi HIV ê-âhkosihtâ awiya?

nistam, HIV ispayiw pîhci-mihkohk êkwa nitopahtwâw T-cells. T-cells ê-ayâcik ta-nâkatêyihkâk kimiyomahcihowin. HIV ê-âpacihtâ T-cells misiwê miyawihk ka-âsôskamâwât âhkosiwin. T-cell kâ-nêsowanâtahki ka-ati-nêsowihêw kimiyomahcihowin kâ-nâkatêyihkâk. kiyaw kâ-kî-miyomahcihowk sêmâk ê-ati-wahkêhpinê awiyak âhkosiwin kâ-sôhkahk mîna AIDS.



kîkwây ôma AIDS?

kîspin HIV êka ka-kanawêyihkâkwahk, ta-isi-mêskocipayin Acquired Immunodeficiency Syndrome (AIDS). itâp miyaw kâ-ati-wahkêhpinê êkwa namôya naskwâstamâsow nanâtohk âhkosiwina ohci. ôhi âhkosiwina tâpiskôc kisisowâspinêwin, ohpanahpinêwin êkwa âtiht manicôsiwin, êkwa wâposwâspinêwina ê-nihtâ-ati-mâci-itâspinêcik ayisiyiniwak. HIV anima ê-nîsopayiki asici kotaka âhkosiwina êkota ohci AIDS ka-ohcipayik.

namôya awiyak ta-kî-nipahikow HIV ahpô AIDS, ayisiyiniwak nipahikowak kotaka âhkosiwina kâ-wayêsihâhkik wahkêhpinêwin.